St Augustine's Catholic Primary School

Coverage of key concepts in **PSHE**

PSHE KEY CONCEPTS	**Year**	**EYFS**	**KS1**	**LKS2**	**UKS2**
Created and loved by God -Religious understanding -Me, my body, my health -Emotional wellbeing -Life cycles	**A**	-Handmade with love	-Let the children come (created by God)	-Get up! (created for a purpose) -The sacraments	-Calming the storm
	B	-Handmade with love -I am me -Heads, shoulders, knees and toes (bodies) -Ready teddy? (Healthy lifestyles) -I like, you like, we all like -All the feelings -Let's get real (challenging situations)	-Let the children come (created by God) -I am unique -Girls and boys -Clean and healthy (my body) -Feelings, likes and dislikes -Feeling inside out -Super Susie gets angry -The cycle of life -Beginnings and endings -Change is all around	-Get up! (created for a purpose) -We don't have to be the same -Respecting our bodies -What is puberty? -Changing bodies -Male / female discussion groups -What am I feeling? -What am I looking at? -I am thankful -Life cycles -A time for everything -Big changes, little changes	-Calming the storm -Gifts and talents -Girls bodies -Boys bodies -Spots and sleep -Body image -Peculiar feelings -Emotional changes -Seeing stuff online -Making babies -Menstruation -Hope beyond death -Coping with change

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Created to love others -Religious understanding -Personal relationships -Life online -Keeping safe	**A**	-Role models -Who's who? (Family trees) -You've got a friend in me -Forever friends -What's the internet? -Playing online -Safe inside and out -My body, my rules -Feeling poorly (medicine) -People who help us	-God loves you -Special people -Treat others well -Say sorry -Good and bad secrets -Physical contact -Harmful substances -Can you help me?	-Jesus, my friend -Family, friends and others -When things feel bad -Sharing online -Chatting online -Safe in my body -Drugs, alcohol and tobacco -First aid heroes -Rights and responsibilities	-God is calling you -Under pressure -Do you want a piece of cake? -Self talk -Sharing isn't always caring -Cyberbullying -Types of abuse -Impacted lifestyles -Making good choices -Giving assistance
	B	-Growing up -New people, new places	-Real life online -Rules to help us	N/A	-Build others up
Created to live in a community -Religious understanding -Living in the wider world	**A**	-God is love -Loving God, Loving others -Me, you, us	-Three in one -Who is my neighbour? -The communities we live in -Who will I be?	-A community of love -What is the church? -How do I love others? -Working together	-The holy trinity -Catholic social teaching -Reaching out -The world of work
	B	-God is love -Loving God, loving others -Money doesn't grow on	-Three in one -Who is my neighbour? -The communities we live in	-A community of love -What is the church? -How do I love others?	-The holy trinity -Catholic social teaching

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Coverage of key concepts in **PSHE**

		trees	-Needs and wants	-Money matters	-Reaching out -Money and me

Note: In EYFS, Year A is nursery, and Year B is Reception.