St. Augustine's Catholic Primary School

We try to follow Jesus by loving each other and caring for God's world.

Wisdom Love Might, Let there be Light!

NEWSLETTER ~ 27th February 2026



"Peter, James and John went with Jesus to pray on a mountain top."

Matthew 17: 1-9 ~ The Second Sunday of Lent

Today we celebrated CAFOD Fast Day at St. Augustine's. During Lent we are encouraged to pray more, give more, and fast. Fasting is when we use our willpower to stop us from giving in to the temptation of all the things we enjoy. This can be very challenging (and sometimes even competitive!)

This week, try to imagine a different kind of fasting, that is fed with patience, generosity and selflessness. We hope the words from this CAFOD special Lenten fast inspires you and your family.



Special Lenten Fast

1. ***Give up harsh words: use generous ones.***
2. ***Give up unhappiness: take up gratitude.***
3. ***Give up anger: take up gentleness and patience.***
4. ***Give up pessimism: take up hope and optimism.***
5. ***Give up worrying: take up trust in God.***
6. ***Give up complaining: value what you have.***
7. ***Give up stress: take up prayer.***
8. ***Give up judging others: discover Jesus within them.***
9. ***Give up sorrow and bitterness: fill your heart with joy.***
1. ***Give up selfishness: take up compassion for others.***
2. ***Give up being unforgiving: learn reconciliation.***
3. ***Give up nagging: fill yourself with silence, and listen to others.***

CAFOD Fast Day ~ Non-Uniform Donations

Thank you for your generosity today.
We raised:

£232.15p

Heart of Gold Award

The 'Heart of Gold' Award acknowledges the outstanding kindness and thoughtfulness of our children.
Anyone can nominate a Heart of Gold, so please let us know if you think someone really deserves the praise.

This week the award goes to:

Eduardo ~ Rossetti



Wednesday Word ~ SACRED

In this Sunday's Gospel, the disciples received a glimpse of the awesome divinity of Jesus through the change in the way he looked (his transfiguration). This sacred encounter took place on the Holy Mountain – Mt Tabor.

Please see the link for this half term holiday special edition of the *Wednesday Word*: click here





Head Teacher: Rachel Swindell

Assistant Head: Amy Casey

Chair of Governors: Joseph Zammit

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Images by freepik.com

St. Augustine's News

Knights of Saint Colomba ~ Nativity Painting Scene Winners

St. Augustine's were recognised again for their wonderful art work by the Knights of Saint Colomba.

Well done to all the winners from our school, and those that were awarded as Province winners!



St. Augustine's winners
KS1
1st Place: Trixie Taylor
2nd Place: Abel Manu
3rd Place: Gianna Annop

KS2
1st Place: Vivien Carrara
2nd Place: Ifunanya Kenechukwu
3rd Place: Udo Okpala

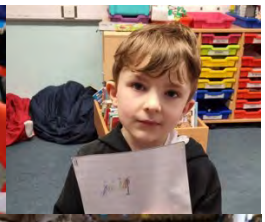
Province Results
KS1
1st Place: Trixie Taylor

KS2
1st Place: Vivien Carrara

Pilgrims of Hope End of Jubilee Year Celebration

On the last day of before the half term break, all the children had a wonderful day celebrating the end of the Church's Jubilee Year. The theme for the year was 'Pilgrims of Hope', and we have had many opportunities with the children to think about what this means in our lives.





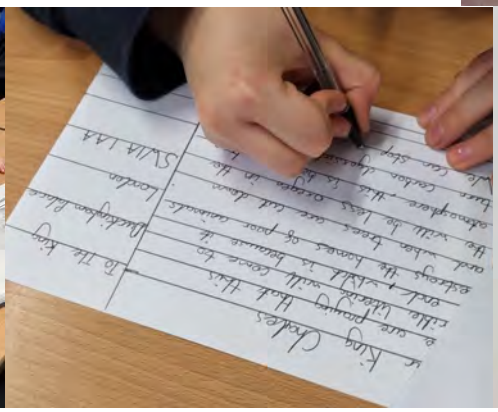


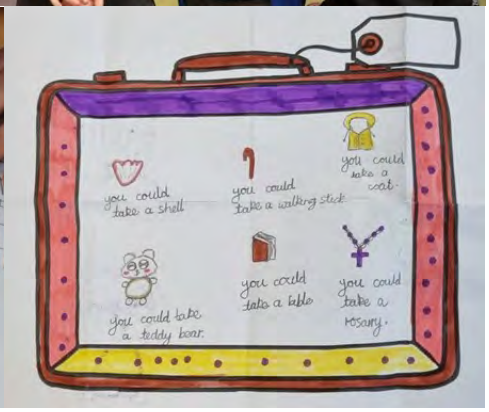
During the day, our children worked together across year groups, helping each other to complete a range of fun reflective activities.

These included:

~ Pack items you would need for a pilgrimage
~ Make a Jubilee Crown filled with Wisdom, Love, Might & Light
~ Write a letter to a world leader, asking them to make changes for a brighter and hopeful future.







St. Augustine's Notices

School Dinner Reminder

Please note that if your child is going to be absent from school, their school dinner **must be cancelled before 8:15am on the morning of their absence**.

Meals not cancelled before this time will still be charged, as the office team are no longer able to cancel dinners on Swift Kitchens on behalf of parents.

Thank you for helping us ensure our meal numbers remain accurate each day.

LKS2: Year 3&4 Mass
St. Augustine's School Hall

Friday 13th March at 9:30am

Dedicated Mass to Mothers

All families and friends invited to attend



St. Augustine's Family Prayer Group ~ Every Month from 2:00pm-3:00pm





All families of St. Augustine's are invited to attend a parent and guardian led prayer session. Prayer sessions aim to provide an opportunity for stillness and reflection, followed by tea and coffee and a chance to meet other families. Participants have come from different denominational backgrounds and none, providing a learning experience for those who attend.

Any questions, please contact Gabriella: g.notaricosta@gmail.com

Next Prayer Meeting Dates:

Monday 2nd March 2026 at 2:00pm
Monday 11th May 2026 at 2:00pm
Monday 6th July 2026 at 2:00pm
Monday 13th April 2026 at 2:00pm
Monday 1st June 2026 at 2:00pm

Knights of Saint Colomba ~ 2026 Easter Painting Competition



Can you paint a scene that portrays a biblical scene from a time between Palm Sunday, Easter and Pentecost?

Ideas may include: Palm Sunday, Maundy Thursday, Good Friday, Easter Sunday, The Road to Emmaus or Pentecost.

Send paintings into school at the school office.

Please include:
- Painted entry (size A4-A3)
- Child's name, age and year group
- Bible chapter and verse

★ **Provincial Council Prizes £7, £5, £3**
★ **National Prizes £30, £20, £15**

Deadline: Friday 20th March 2026

The school of the National winner receives a donation prize of £200.

Knights of Saint Colomba ~ 2025 Prayer Writing Competition



Can you write a prayer on the theme of:
"Prayer for our Catechists, Youth Workers and Lay Apostolates who work with Youth and Young People."

Prayers will be judged on
1) spiritual content and 2) composition.

Think about your language, phrases & check your prayers make sense & are correctly punctuated.
They can be typed or handwritten.
Send prayers into school at the school office.

Please include:
- Child's name, age and year group

★ **Provincial Council Prizes £7, £5, £3**
★ **National Prizes £30, £20, £15**

Deadline: Monday 20th April 2026

The school of the National winner receives a donation prize of £200.

Images by freepik.com

Curriculum Notices

Parent's Guide to the Multiplications Table Check

What do you need to know and how can you help at home?

The following URL will take parents to a useful website that will explain all:

https://www.hamilton trust.org.uk/blog/a-parents-guide-to-the-multiplications-check/

World Book Day Thursday 5th March

Your child should have brought home a World Book Day Token before half term.
Tokens can be used **from 12th February to 15th March 2026**.

Where to use them:
Tokens can be redeemed in participating retailers. Please note that **some online retailers may not accept them**.

Book choices:
A fantastic selection of £1 World Book Day titles is available for all ages and reading levels. These special books will be in shops from **12th February 2026**

World Book Day is a wonderful opportunity for children to discover a new story they love. We hope you enjoy choosing and sharing a book together!



Extreme Reading Challenge Competition!

Get your books ready and your imagination *wild*!

Our **Extreme Reading Challenge Competition** is officially underway! Whether you're reading in a tree, under a table, in a fort, or dressed as your favourite character — we want to see it!

The competition runs until **Thursday 12th March**, so there's plenty of time to snap your most creative reading moments.

Winners will be revealed in our **Friday assembly on 13th March** — we can't wait to celebrate your awesome entries!



And remember… wherever your extreme reading takes you — stay safe and have fun!

St. Augustine's Notices



Parent Meetings – Spring Term

Bookings for Parent Meetings are now open and can be made via the **School Cloud** system.

Appointment Dates

- Tuesday 10th March, 3:30pm–7:00pm
- Thursday 12th March, 3:30pm–6:00pm

SEND Appointments

Mrs Harrowven will also be holding appointments for parents of children with SEND needs on **Tuesday 10th March** in the school library. Parents wishing to meet with her should book via School Cloud and ensure this appointment does not clash with their class teacher meeting.



Booking Information

Please check your emails for full instructions on how to use the School Cloud system to book your appointments.

These meetings offer a valuable opportunity to discuss your child's progress and development, and we encourage all parents and carers to attend.

What is Roblox? How to keep kids safe on Roblox



How can I help my child stay safe while playing Roblox?

If you're one of the many families who grapple with this question, explore the guide below to build your confidence.

https://www.internetmatters.org/advice/apps-and-platforms/online-gaming/roblox/

The webpage includes a useful video ~ click here

You can find more tips to keep children safe online at: https://www.internetmatters.org/

Fostering

Across Norfolk, there are children living in residential care who could truly thrive in the warmth and stability of a foster family.

We need another 40 fostering families to join us in Norfolk. You don't have to be perfect - you just need to be ready to look after local children who need a safe, loving home. You'll work with our dedicated, experienced social workers to get all the training and support you need.

Norfolk Fostering Service is part of Foster East. We work together to make sure fostering is right for you and your family.

Read more about how we work with Foster East.

Images by freepik.com

FOSA ~ Friends Of Saint Augustine's

The School Disco – Thursday 12th February

We're delighted to share that the school disco was a *fantastic* success!

Thanks to the enthusiasm of our pupils, families, and staff, we raised an amazing

£841.37

A huge thank you to everyone who attended, helped, or supported the event in any way. Your generosity makes a real difference, and we're so grateful for your continued support of our school community.





Next FOSA Meetings in the school staffroom:

Thursday 19th March 2026 at 6:00pm

Thursday 23rd April 2026 at 6:00pm

Thursday 21st May 2026 at 6:00pm

Thursday 18th June 2026 at 6:00pm

Please contact Louise Dhorajiwala, FOSA Secretary, on 07743 863675 if you would like to join the FOSA events helpers WhatsApp group.

We have also set up a FOSA Facebook Page where we hope to advertise all events and share upcoming information.
https://www.facebook.com/groups/8171783059576512/

FOSA need ad-hoc volunteers for upcoming events. You will only ever be needed for part of an event to enable you to enjoy the event with your family! To put your name on the volunteer list please contact Louise on: 07743863675.

St. Augustine's Dates

2025 / 2026	School Closes *(Last day children attend school)*	School Opens *(First day children come back)*
Easter Holidays 2026	Friday 27th March 2026 School finishes at 1:30pm	Monday 13th April 2026
Summer Half Term 2026	Friday 22nd May 2026	Monday 1st June 2026
Summer Holidays 2026	Friday 17th July 2026 School finishes at 1:30pm	---

EVENT	DATE and TIME
St. Augustine's Family Prayer Group *~Everyone welcome to share, reflect, & meet others*	2:00pm Monday 2nd March 2026
World Book Day *~ More details to follow after half term*	Thursday 5th March 2026
Extreme Reading Challenge *~Winners announced on Friday 13th March.*	Competition Closes Thursday 12th March 2026
Parent Meetings *~ See booking information on page 4*	3:30-7:00pm Tuesday 10th March 2026 3:30-6:00pm Thursday 12th March 2026
KS2 Mass ~ Laetare at St. Augustine's School *~ Families & Friends Welcome*	9:30am Friday 13th March 2026
St. Augustine's Musical Soiree in the School Hall	2:30pm Friday 13th February
St. Augustine's School Choir at Norfolk Music Festival Kings Centre	9:30am Wednesday 18th March 2026 Return to school by 12:30pm
FOSA Meeting in the Staffroom *~ All Welcome to attend*	6:00pm Thursday 19th March 2026
LKS2 Trip to the Castle Museum	9:15am Tuesday 24th March 2026 Return to school for end of day pick-up
LKS2 Performance of The Magic Flute *In the School Hall*	2:00pm Wednesday 25th March 2026 2:00pm Thursday 26th March 2026
FOSA Easter Bake Sale– Bring and Buy	1:30pm Friday 27th March 2026

Day / Time	Club	Provider	Information
Monday 3:15~4:15pm	Football	Pav's Team	Great for teamwork, coordination and fitness.
Tuesday 3:15~4:15pm	Dodgeball	Pav's Team	Fun, energetic, and great for reflexes and teamwork.
Wednesday 3:15~4:15pm	Mini Makers Art & Craft Club	Madison	Children will explore exciting art and craft projects, learn new skills, and let their imaginations run wild.
Thursday 3:15~4:15pm	Football	Pav's Team	Great for teamwork, coordination and fitness.
Friday 3:15-4:15pm	Girls Football	Pav's Team	Great for teamwork, coordination and fitness.

Nursery Places Available



We are pleased to let you know that nursery places are available for children born between 1 September 2022 and 31 August 2023.

If you would like your child to be considered for a place, please submit an application by Friday 7th March 2026, along with a copy of your child's birth certificate and baptism certificate (if applicable).

We look forward to receiving your application and welcoming your family.

⭐ FACE Family Advice – March 2026 Online Sessions

FACE Family Advice are offering a range of **live online workshops** throughout March to support children's wellbeing, behaviour and mental health. Each session runs for 90 minutes via Zoom, with many including a 48-hour recording for flexible viewing:



- Family communication
- ADHD support
- Anxiety & school avoidance
- Addictive behaviours
- OCD, ACT, self-esteem an more

📌 **Free Session: Anxiety Based School Avoidance** – 26 March (7-8pm)

A printable list of all sessions is attached for families who would like full details.

To book or find out more, visit: **facefamilyadvice.co.uk**

FACE

March 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Improving Family Communication	2 Mar 10am
Autism - Improving Communication	2 Mar 7pm
Understanding Addictive Behaviour	3 Mar 10am
Supporting a Child with ADHD	3 Mar 7pm
Anxiety Based School Avoidance	9 Mar 10am
Understanding Anger	9 Mar 7pm
Supporting Healthy Screen Use	10 Mar 10am
Facing Defiance	10 Mar 7pm
Cannabis and Ketamine Awareness	16 Mar 10am
Anxiety Explained	16 Mar 7pm
Introduction to OCD	17 Mar 10am
What is ACT	17 Mar 7pm
Raising Self-Esteem	23 Mar 10am
Decreasing Depression	23 Mar 7pm
Supporting Healthy Sleep	24 Mar 10am
Understanding the Teenage Brain	24 Mar 7pm
FREE Anxiety Based School Avoidence	26 Mar 7-8pm